

It's a beautiful thing



**NOTICE BOARD**

**NEWSROUND**

**Saint Faustina and the Divine Mercy Chaplet**

Through Saint Faustina, Jesus revealed special ways to live out the response to His mercy—one of which is the Chaplet of Divine Mercy, as both a novena and a prayer for the three o'clock hour—the hour of His death.

**Recite the Chaplet of Divine Mercy**

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet can be preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer. This prayer can be followed on [EWTN](http://www.ewtn.com) Television everyday and promptly here in the UK at 15:00.

**Begin with the Our Father, the Hail Mary and the Apostle's Creed: Then, on the large bead before each decade:**

Eternal Father,  
I offer you the Body and Blood,  
Soul and Divinity,  
of Your Dearly Beloved Son,  
Our Lord, Jesus Christ,  
in atonement for our sins  
and those of the whole world.

**On the ten small beads of each decade, say:**

For the sake of His sorrowful Passion,  
have mercy on us and on the whole world.

**Conclude with (Say 3 Times):**

Holy God,  
Holy Mighty One,  
Holy Immortal One,  
have mercy on us  
and on the whole world.

**A new vision for Youth Ministry**

The Diocese of Westminster has put forward proposals designed to help develop parish based Youth Ministry and to provide a more visible 'shop front' for diocesan youth provision.

Fr Michael O'Boy, Director of the Diocese of Westminster's Agency for Evangelisation said: "Our proposals are designed to allow us to support our parishes in their attempts to reach out to and work with young people and the young adult community."

The Youth Church at Queensway is intended as a resource to foster young people's involvement in their own parishes.

contact evangelisation@rcdow.org.uk

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**Uganda Martyrs Catholic Community**  
UK AND THE REPUBLIC OF IRELAND

**IN FAITH WE GROW**

**CHAPLAIN'S MESSAGE**

**COURAGE! JUMP UP AND GO TO JESUS!**

Dear Brethren in the Lord,

Today let us reflect on the situation of the blind beggar, Bartimaeus, in the gospel of Mark 10:46-52. We can learn some lessons from his experience. Bartimaeus was in desperate need of the ability to see and so he shouted, "*Son of David, Jesus, have pity on me. ...Master, let me see again.*" I am sure we can all identify with him in our various needs, be they material, emotional, financial, academic, relationships, social, physical or otherwise. Plead with Jesus for help!

Bartimaeus was scolded and told to be quiet, "*but he only shouted all the louder*", calling upon Jesus for help. Nobody could stop him from imploring the Lord! In life, we must have experienced situations when others have tried to prevent us from achieving or accessing what we need. Some people are there to block us from services and rightful benefits. Do not listen to them, do not allow them to get in your way. Pick the courage of Bartimaeus to shout all the louder, work harder and keep your eye on the good goals you have in mind.

We are marking the 47<sup>th</sup> Independence Anniversary of our country this month. Many people have worked, fought, cried and prayed and even died for freedom and peace in our motherland. The nation is still blind and lame in so many ways! We need to work, fight and cry for justice, truth and peace. There are others who do not want to listen to our cries for freedom but we must not give up. We need to shout all the louder. We need to develop a deep sense of courage to stand up for justice and freedom and to support the poor and voiceless people who are being crushed by the forces of greed, dictatorship and domination whose aim is to silence the voices of justice and truth! We need each other in this cause and say to one another, especially the suffering and crushed members, "*Courage, get up.*"

With the encouraging support of the crowd Bartimaeus was able to throw off his cloak, "*he jumped up and went to Jesus*" for healing (Mark 10:49-50). Can we do the same and help each other to pick up courage

**POPE BENEDICT XVI ALBUM!**

VATICAN CITY, October 7, 2009



Pope Benedict XVI arrives in St. Peter's Basilica at the Vatican, 4th Oct. 2009, to celebrate Holy Mass for the opening of the synod on African Bishops, a three-week gathering of 300 prelates.

"We Pray That Pentecost Is Not Only a Past Event" said the Pope when opening the Papal meditation.

"Dear brothers and sisters, we have now begun our synodal encounter, calling on the Holy Spirit, knowing full well that at this time we cannot achieve what must be done for the Church and for the world: only with the strength of the Holy Spirit can we find that which is good and accomplish it. And every day we will begin by calling on the Holy Spirit with the Prayer of the Hour of Terce Nunc sancte nobis Spiritus."

"We beg God for three gifts, the gifts essential to Pentecost, to the Holy Spirit: confessio, caritas, proximos. Confessio: in the language of the Bible and the ancient Church, is the confession of sins.".... Amen





## Another wedding is in the pipeline



At a colourful traditional ceremony on the 3<sup>rd</sup> of October this year, Ms. Nagiya Musoke introduced her future husband Mr. Alex Male to her family in front of a crowd of more than 300 guests. Mr. Male is the grandchild of the pillars of Uganda Martyrs Catholic Community, Mr. and Mrs. Nsereko. The traditional ceremony took place in Ilford, with many of the guests representing various organisations, including a strong UMCC delegation led by the Ecumenical Chairman Mr. Ambrose Kibuuka.



The delegation from Uganda Martyrs Catholic Community clad in colourful traditional Kanzu and Gomesi.

During the ceremony, Mr. Male “locked his future wife in place” by placing a sparkler (Diamond ring) on Ms. Musoke’s finger as the guests clapped and applauded the memorable act. The young couple plan to get married at a future date to be announced in due course. UMCC will provide updates as they become known.

The grandparents of Mr. Male, Mr. and Mrs. Nsereko could not have been more proud to escort their grandson to such a memorable and well attended ceremony. May God bless the young couple.

**Pay your 2009/10 MEMBERSHIP - (£20 only)**

## YOUTH CORNER

### My Summer Experience of Visiting Uganda

Going back to your homeland is the greatest of all things.

It is a memory that can not be erased. As Ugandans it is important to know your roots and have pride for where you’re from. When I was in Uganda I saw the happiness and love they



have compared to what we have here. They have life and they are living it with joy. As Ugandan children in the UK we are fortunate but many of us do not appreciate it. Our people in Uganda expect so much more from us, so become a doctor, a lawyer, Investment Banker or a business woman/man. Do your family and yourself proud. Love your culture and respect your roots because when you learn how to have pride in your background you will be respected. What is there to be ashamed of? Being a Ugandan or even Omuganda is the greatest gift of all.

Written By *Claudia Nnamukasa*



### My Experience in Uganda

My summer experience in Uganda was wonderful. I personally think that it is a fantastic place to live in. They have entertainment around Kampala. When I arrived in Uganda, my first impression wasn’t good. I automatically assumed that I wasn’t going to enjoy the stay until me and the family was taken out by our Jjajja to see the marvelous places in Uganda. When I walked



through town I saw children on the street with no where to stay, without shoes and torn clothing. Several times we went to have our dinner at Centenary Park. We were taken to Garden City by my Kojja and I really enjoyed. When I hear children from Uganda saying that they don’t want to go back I feel so sorry for them. Uganda was amazing and I would always like to go back and live there. The only thing is to go back home you have to have money, so work hard and you’ll get what you wish for.

Written By *Claude Lukyamuzi*



May value and respect for human life of the citizens of Uganda be restored and a realisation that every individual life is far much more dear than political positioning and should not be wasted

**A PRAYER TO OUR LADY OF FATIMA FOR PEACE IN UGANDA IN LUGANDA AND ENGLISH**

Ayi Namasole owa Rozaari entukuvu, Nnyaffe omulungi ow'e Fatima, ggwe eyakiriza okulabikira mu nsi Portugal, n'okuddamu okutebenkeza ensi eyo yennyini, n'ebitundu byayo bye yali etwala, sso nga nayo yali etabangukidde ddala nnyo, naffe tuutuno tukuwanjagira, ensi yaffe Uganda gisuuleko eriiso lyo ery'ekisa, giwonye akabenje kano akanene k'eguddemu. Nga weeyamba obuyinza bwo, giwe okweddamu mu by'omwoyo n'o-

kutakabanira empisa ennungi, eddemu okutebenkera mu ssanyu. Abantu b'amawanga gonna, naddala lino eryaffe, bakutegeere nga ggwe Nnamasole abatwala, era ayinza okubafunira eddembe n'okutebenkera obulungi ebbanga lyonna. Amina.

Portugal, and helped to bring peace and tranquility to that country and its former colonies, despite its turbulent times. We also come to plead before you, to look gracefully upon our country Uganda, and preserve us from danger. Through your powerful intercession, grant us peace and tranquility. May the people of all nations acknowledge you as our Holy Mother, Queen of Peace and Tranquility. Amen.



Oh Queen of the most Holy Rosary, our Lady of Fatima, who accepted to appear in

**1GOAL to boost education in Africa.**

**THE FUND-RASING DRIVE FOR THE HOLLOWAY CHURCH REPAIRS CONTINUES AND IS ON TRACK TO MEET THE TARGET SET BY THE EXECUTIVE COMMITTEE**

The PM signs his name to the 1GOAL initiative, 6 October 2009.

1 GOAL is an ambitious campaign that will change the lives of children living in poverty by helping to give them an education. 1GOAL are campaigning in over 200 countries from now until the FIFA World Cup final in South Africa in 2010.



**THE NEW EXECUTIVE PLANS AN EVENT AWAY FROM HOME**

In an effort to engage all community members of the Uganda Martyrs Catholic Community, the Executive calls upon interested members who are parents, singles or guardians to indicate their interest in a community outing that is being planned.

Plans are underway to organise this event and one of the main drivers are to in-

dulge the youth. In line with the goals of the World Youth Day ( the Roman Catholic Church WYD event) that celebrates the Catholic faith, UMCC seeks to engage the youth of UMCC and to encourage them to reach out to other Catholic Youths, in the UK, Uganda and beyond.

The event will be held, as a pilgrimage, where the youth

will have their own activities, and the adults will also have their own activities.

The event will help individuals meet other Catholics who will also have come on a pilgrimage to pray and also meet with fellow Catholics. To show your interest and get more details please contact a member of the UMCC Executive committee.

**USE YOUR EMAIL OR MOBILE TO STAY CONNECTED WITH UMCC**

## THE SPECIAL ASSEMBLY FOR AFRICA SYNOD OF BISHOPS

The Synod begun Sunday 4th Oct 2009 in Rome, with close to 400 participants from various continents and religions. The African Synod runs until Oct. 25, focusing on the theme: "The Church in Africa, at the Service of Reconciliation, Justice and Peace. You Are the Salt of the Earth. You Are the Light of the World." the Pope said

It is the second Synod assembly dedicated to Africa. The first was held in 1994. This synod is attended by 244

Synodal fathers, 228 of whom are bishops, including 33 cardinals, 75 archbishops, 120 bishops, and eight religious representatives chosen by the International Union of Superiors General.

Separated according to office, the group of prelates includes 37 presidents of Episcopal conferences, 189 ordinary bishops, four coadjutors, two auxiliaries and eight retired archbishops. Also attending are 25 heads of Dicasteries of the Roman

Curia, as well as 14 African cardinals.

Three special guests, invited by Benedict XVI, also took part in the assembly: His Beatitude Abuna Paulos, patriarch of the Orthodox Church of Ethiopia, Rudolf Adada, former head of the Joint UN/African Union Peacekeeping Mission for Darfur and Jacques Diouf, Director General of the Food and Agriculture Organisation.

The Synod ends today



UMCC will in November celebrate Mass for all Souls of the faithful departed. May all those with loved ones to pray for provide details well in advance to any member of the Executive or you can also contact the UMCC Chaplain, Father Gerald Balinnya directly.

### ANNIVERSARIES, BIRTHDAYS AND BEREAVEMENT

#### Wedding anniversaries

Mr. & Mrs. Mulindwa  
Mr. & Mrs. Mukiibi  
Mr. & Mrs. Musoke  
Mr. & Mrs. Hawkins  
Mr. & Mrs. Kibuuka  
Mr. & Mrs. Kitayimbwa  
Mr. & Mrs. Bbemba

Mr. Robert Ssebagala is to marry Miss. Alice Nadine Naluwu at Our Lady and St. Jude's Church Nagulu on the 24th of October 2009. May the Almighty Lord Bless their day.

#### Birthdays

Francis Xavier Mukiibi  
Sharon Nakitto  
Isaac Kabenge  
Edwin Ssenjobe Ssentooogo

#### In Memory

Mrs. Jane Tamale lost her mother early this week (on Monday). May her soul rest in peace. Let us pray to the Lord to give Mrs. Tamale strength.

#### Catholic Marriages in Uganda

The Uganda Government has attacked the Catholic Church over divorce. Uganda's Law Reform Commission says it is aware of the concerns of the Catholic Church on divorce and separate acquisition of property, however, that being a Catholic does not take away the rights of individuals. In the Bill, marriage is defined as a "union between a man and woman for life". Marriages are considered permanent unless dissolved in a legally acceptable manner.

#### CAFOD MASS FOR AFRICA is set for 31st October, 2009 at 2 pm.

Venue: Sacred Heart Church, Camberwell New Rd, London SE5 9QS

Nearest tube: Oval (15 min walk); Bus routes: 36, 185, 436. Nearest train: Loughborough Junction or Denmark Hill. Plenty of free on-street parking spaces. It is expected **Archbishop Cyprian K. Lwanga of Kampala, Uganda** will attend.

## PARTICIPANTS IN SYNOD OF BISHOPS FOR AFRICA

### FATHERS ACCORDING TO LEVEL OF PARTICIPATION

#### PRESIDENT

BENEDICT XVI Supreme Pontiff

#### AFRICAN CARDINALS from Uganda

H. Em. Card. Emmanuel WAMALA, Archbishop Emeritus

#### PRESIDENTS OF EPISCOPAL CONFERENCES - Uganda

H. Exc. Mons. Matthias SSEKAMANYA, Bishop of Lugazi,

#### MEMBERS ELECTED BY EPISCOPAL CONFERENCES

H. Exc. Mons. Cyprian Kizito LWANGA, Archbishop of Kila

H. Exc. Mons. John Baptist ODAMA, Archbishop of Gulu

H. Exc. Mons. Denis KIWANUKA, Archbishop of Tororo

H. Exc. Mons. NKAIJANABWO, Bishop of Kasese

H. Exc. Mons. MUHIIRWA, Bishop of Fort Portal

H. Exc. Mons. WILLIGERS, M.H.M., Bishop of Jinja

H. Exc. Mons. FRANZELLI, M.C.C.J., Bishop of Lira

#### MEMBERS' LEVEL OF PARTICIPATION

Dr. D. KASUJJA, Cllr Center Works of Mary

Rev. Sis. I. NAKATO, Gn Cllr Strs of Mary Reparatrix

Mrs. R. BUSINGYE, Pres. Meeting Point International

Mr. S. ORACH, Asst Exec Sec Catholic Medical Bureau

Rev. J. Ssebunnya (former student of UMCC Chaplain,

Father Gerald Balinnya).

Rev. Philip TABAN

throw off the shackles of sin and dictatorship and be able to jump up again in freedom and peace?

For us believers, we have an advocate, Jesus, the High Priest who pleads our cause with the Father. *“He can sympathise with those who are ignorant or uncertain”* (Hebrews 5:2) just as he had compassion for Bartimaeus. Jesus comforts, consoles and encourages his followers but on condition that they have **deep faith** in him. This is why he told Bartimaeus, *“Go; your faith has saved you.”* Can your faith save you indeed as you struggle in your current situation of desperate need now? The Lord promises to support his own who trust in him as Jeremiah assures us: *“I will comfort them as I lead them back; I will guide them to streams of water, by a smooth path where they will not stumble.”* (Jeremiah 31:9). Courage! Jump up. Go to the Lord.

Fellow countrymen, we desperately need to hear this comforting message more than ever before in our country. But we also need to have the faith and the courage to shout all the louder and also work even harder for justice, peace and freedom. It is time to *“jump up”* and go to the Lord in prayer. May the Uganda Martyrs continually plead our cause with the Lord so that we may ultimately be truly independent. “Oh Uganda, may God uphold thee. We lay our future in thy hand.” God Bless you all.

*Fr. Gerard M. Babinnya*

UMCC Chaplain.

IN FAITH WE GROW.

### UMCC Chair’ Message to September 2009 Newsletter

Dear Friends,

Welcome to the October 2009 Community Day celebrations. As we gather together this month, we cannot forget to thank all those individuals, who make huge sacrifices to make our celebration and indeed the Uganda Martyrs Catholic Community a success. It is always worth remembering that the efforts made by these individuals enable the UMCC to continue to stand firm. A big thank you to all those unsung heroes.

On a sad note, we have recently received news that Bishop Adrian Ddungu, who most of us will recall spent the best part of June to August this year with us, suffered a stroke. At the time of writing, he is currently being treated at Nsambya Hospital. Your prayers are sought to aid his quick recovery.

You will also note that the renovation works of our Church – St. Gabriel’s Parish Upper Holloway, are nearing the final stages. We have to remember that there are a lot of funds still required to pay off the huge debt incurred as a result of these restoration works. Please continue to support the second collection which has been put in place to support this specific call. Also remember that this also is our parish, and therefore we are all jointly responsible for its upkeep.

Finally but by no means least, let us all remember to continually pray for peace and justice in our motherland Uganda, by praying especially for all our leaders, that peace and harmony may be fostered in Uganda and Africa at large.

I wish you all joy, peace and God’s blessings.

*Robert Mukibi*

Chairman – UMCC 2009/2010



#### St. Teresa of Lisieux

The relics of St. Teresa of Lisieux have been taken around the United Kingdom sine 16th Sept to 15th October. Thousands have flocked to Cathedrals, parishes, oratories and shrines to make pilgrimage in her honour. Some members of UMCC went to the Westminster Cathedral from 12th to 15th October to see her relics. Many other Catholic faithful were streaming through to see the relics, pray, have confession, reconcile with God and receive indulgences.

#### UMCC Publicity Matters

In continuing to improve on communication, UMCC will be implementing it’s own Text Messaging service from October. To promote Martyrs Day 2010, UMCC members are sought to attend a live Talk Show **Bright Talk**, hosted by Trish Adudu on Ben Television. To record UMCC events through photography, the Publicity Secretary will be responsible for taking photographs and use them in this newsletter and also post them on the UMCC Website. For further details, please contact the UMCC Publicity Secretary.

## CARDINAL WAMALA DECRIES 'MILD DICTATORSHIP' IN AFRICA

At the African Synod in Rome each member was given five minutes to make a presentation to over 250 delegates gathered in the hall who included Pope Benedict XVI who attentively followed all the interventions.

Cardinal Emmanuel Wamala, Archbishop Emeritus of Kampala, Uganda, warned the synod that lack of education, especially of current and future political leaders, is leaving the continent's countries vulnerable to continuing corruption and exploitation. Though great growth has been witnessed in Africa, a new form of 'mild dictatorship' is sweeping across Africa, disguised by new leaders who have replaced the old ones.

"In most countries in Africa, the politics we are experiencing is Godless politics and it is this style of leadership which breeds conflicts," the Cardinal said.

"A new breed of dictators is replacing the former ones," he said. "These new 'mild dictators' practice a kind of 'political engineering' in which they proclaim to be fighting for the rights, development and well-being of the people, but in reality pursue selfish interests."

Cardinal Wamala said the solution lies in evangelising future leaders through education in the family and schools regarding the values espoused by Catholic social teaching. He also said that there was urgent

need to evangelise politicians "because in many of our countries, God is missing," the Cardinal said.

And Archbishop Angelo AMATO S.D.B, Prefect of the Congregation for the Causes of Saints described Africa as a land of saints.

**Recalling the heroism of the Martyrs of Uganda**, the wisdom of St Augustine and the witnessing of St Giuseppina Bakhita and many others, all sons and daughters of our continent, Archbishop called on the church leaders to promote more heroic witnesses to the faith in Africa.

The Synod ends today. We pray that it's goals are achieved



H.E. Emmanuel Card. Wamala, Archbishop Emeritus of Kampala

## UGANDA: Church calls for Quality Education, Good Conduct

RUBAGA, October 6, 2009 (CISA) Diocesan education secretaries under the umbrella of the Ecumenical Uganda Joint Christian Council (UJCC) called on the Ugandan government to address the quality of education and strengthen the fight against homosexuality and cultism.

The church educationists also called on heads of schools to be vigilant and continuously monitor literature donated to schools to fight vices introduced within schools through books

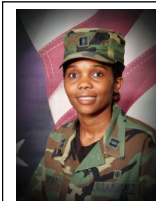
that feature vices of homosexuality and cultism.

"As religious leaders, we cannot ignore challenges within society like corruption, land grabbing, poverty, human murder, homosexuality, environmental degradation, poor education and health services that facilitate violent conflicts, school strikes, drunkenness, drug abuse and human rights abuses," they said in a statement.

Lamenting the interference of

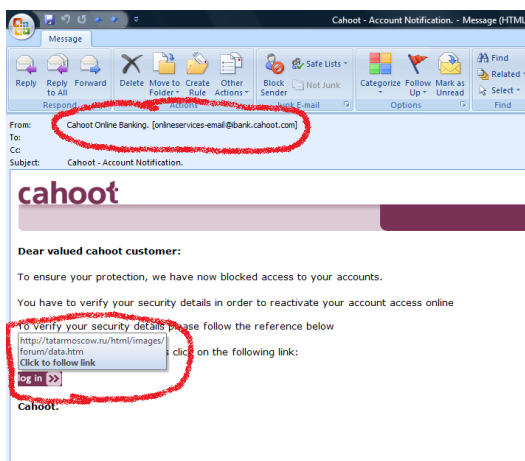
political leaders in the appointment of the board of directors in church founded schools, the secretaries promised to hold refresher courses and exchange programmes for chaplains to enhance their roles and advocate for Christian Religious Education in church schools.

*These challenges impinge on the choices parents and or students make to attend these schools as a preference. It has to be understood that people choose these institutions for what they are and as they are.*



Captain Lukiah Mulumba was born and raised in Uganda and moved to the US in 1994. She is now a US citizen serving in the US Air Force. She attended Catholic schools like Namugongo primary, Ndejje Secondary and Caltec Academy. Captain Lukiah's pursuit of academic excellence has seen her earn a degree in nursing, a Masters in nursing and another Masters in Family Nursing. Wamma ggwe!

## DO NOT BECOME A VICTIM OF ON-LINE FRAUD!



### When in Doubt, Delete.

Many of us are now familiar with fraud, from the infamous 419 scam to inheritances from unknown millionaires. Today it is on-line fraud.

On receiving an email requesting to update your online details, just delete these, then go to your bank branch and verify with the bank cashier. The key with every on-line fraud, however bright they think they are, they always leave tell tale signs showing it is a scam. In the image to the left, the email purports to come from Cahoot (I have no Cahoot account, circled in red at the top), however, when I highlight the link (circled in red below), it shows I will be re-directed to **tatarmoscov.ru**. I've never been to, nor have any dealings in Russia so this is a scam. DELETE